

## MORNING PRAYER

O Lord, open our lips  
**and our mouth shall proclaim your praise.**

### *Benedicite - a Song of Creation*

1 Bless the Lord all you works of the Lord: •  
sing his praise and exalt him for ever.

2 Bless the Lord you heavens: •  
sing his praise and exalt him for ever.

3 Bless the Lord you angels of the Lord: •  
sing his praise and exalt him for ever.

4 Bless the Lord all people on earth: •  
sing his praise and exalt him for ever.

5 O people of God bless the Lord: •  
sing his praise and exalt him for ever.

6 Bless the Lord you priests of the Lord: •  
sing his praise and exalt him for ever.

7 Bless the Lord you servants of the Lord: •  
sing his praise and exalt him for ever.

8 Bless the Lord all you of upright spirit: •  
bless the Lord you that are holy and humble in heart.

The Song of the Three 35-37, 60-65

**Bless the Father, the Son and the Holy Spirit: •  
sing his praise and exalt him for ever.**

The night has passed, and the day lies open before us;  
let us pray with one heart and mind.

Silence is kept.

As we rejoice in the gift of this new day,  
so may the light of your presence, O God,  
set our hearts on fire with love for you;  
now and for ever.

**Amen.**

### ***Psalm***

*The appointed psalm is said, ending with*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

### ***A Song of David***

**Splendour and majesty are yours, O God;  
you are exalted as head over all.**

1 Blessed are you, God of Israel, for ever and ever, •  
for yours is the greatness, the power,  
the glory, the splendour and the majesty.

2 Everything in heaven and on earth is yours; •  
yours is the kingdom, O Lord,  
and you are exalted as head over all.

3 Riches and honour come from you •  
and you rule over all.

2.

**Visit this place, O Lord, we pray,  
and drive far from it the snares of the enemy;  
may your holy angels dwell with us and guard us in peace,  
and may your blessing be always upon us;  
through Jesus Christ our Lord.  
Amen.**

### ***The Lord's Prayer***

**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Lead us not into temptation but deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever.**

### ***The Conclusion***

In peace we will lie down and sleep;  
**for you alone, Lord, make us dwell in safety.**

Abide with us, Lord Jesus,  
**for the night is at hand and the day is now past.**

As the night watch looks for the morning,  
**so do we look for you, O Christ.**

The Lord bless us and watch over us;  
the Lord make his face shine upon us and be gracious to us;  
the Lord look kindly on us and give us peace.  
**Amen.**

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Keep me as the apple of your eye.

**Hide me under the shadow of your wings.**

### *Nunc dimittis (The Song of Simeon)*

**Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.**

- 1 Now, Lord, you let your servant go in peace:  
your word has been fulfilled.**
- 2 My own eyes have seen the salvation  
which you have prepared in the sight of every people;**
- 3 A light to reveal you to the nations  
and the glory of your people Israel.  
*Luke 2.29-32***

**Glory to the Father ....**

**Save us, O Lord, while waking,  
and guard us while sleeping,  
that awake we may watch with Christ  
and asleep may rest in peace.**

### *Prayers*

*Intercessions and thanksgivings may be offered here.*

*Silence may be kept.*

**4 In your hand are power and might; •  
yours it is to give power and strength to all.**

**5 And now we give you thanks, our God, •  
and praise your glorious name.**

**6 For all things come from you, •  
and of your own have we given you.**

1 Chronicles 29.10b-13, 14b

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**Splendour and majesty are yours, O God;  
you are exalted as head over all.**

### *Scripture Reading*

*One or more readings appointed for the day are read.*

### *Responsory*

**Awake, O sleeper, and arise from the dead  
And Christ shall give you light.**  
You have died and your life is hid with Christ in God.  
**Awake, O sleeper, and arise from the dead.**  
Set your minds on things that are above,  
not on things that are on the earth.  
**And Christ shall give you light.**  
When Christ our life appears  
you will appear with him in glory.  
**Awake, O sleeper, and arise from the dead,  
and Christ shall give you light. - from Colossians 3**

*The Benedictus (The Song of Zechariah)*

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

1 Blessed be the Lord the God of Israel, •  
who has come to his people and set them free.

2 He has raised up for us a mighty Saviour, •  
born of the house of his servant David.

3 Through his holy prophets God promised of old •  
to save us from our enemies,  
from the hands of all that hate us,

4 To show mercy to our ancestors, •  
and to remember his holy covenant.

5 This was the oath God swore to our father Abraham: •  
to set us free from the hands of our enemies,

6 Free to worship him without fear, •  
holy and righteous in his sight  
all the days of our life.

7 And you, child, shall be called the prophet of the Most High, •  
for you will go before the Lord to prepare his way,

8 To give his people knowledge of salvation •  
by the forgiveness of all their sins.

9 In the tender compassion of our God •  
the dawn from on high shall break upon us,

10 To shine on those who dwell in darkness and the shadow of  
death, •  
and to guide our feet into the way of peace. - Luke 1.68-79

O God, make speed to save us.  
**O Lord, make haste to help us.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**Before the ending of the day,  
Creator of the world, we pray  
That you, with steadfast love, would keep  
Your watch around us while we sleep.**

**From evil dreams defend our sight,  
From fears and terrors of the night;  
Tread underfoot our deadly foe  
That we no sinful thought may know.**

**O Father, that we ask be done  
Through Jesus Christ, your only Son;  
And Holy Spirit, by whose breath  
Our souls are raised to life from death.**

*The Word of God*

*Responsory*

Into your hands, O Lord, I commend my spirit.  
**Into your hands, O Lord, I commend my spirit.**  
For you have redeemed me, Lord God of truth.  
**I commend my spirit.**  
Glory to the Father, and to the Son, and to the Holy Spirit.  
**Into your hands, O Lord, I commend my spirit.**

**Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen**

**The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with us all evermore.  
Amen.**

Let us bless the Lord.  
**Thanks be to God.**

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## **NIGHT PRAYER**

The Lord almighty grant us a quiet night and a perfect end.  
**Amen.**  
Our help is in the name of the Lord  
**who made heaven and earth.**

*A period of silence for reflection on the past day may follow.*

**Most merciful God,  
we confess to you,  
before the whole company of heaven and one another,  
that we have sinned in thought, word and deed  
and in what we have failed to do.  
Forgive us our sins,  
heal us by your Spirit  
and raise us to new life in Christ. Amen.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**You have raised up for us a mighty Saviour,  
born of the house of your servant David.**

## ***Prayers***

*Intercessions are offered*

*Silence may be kept.*

God of glory,  
by the raising of your Son  
you have broken the chains of death and hell:  
fill your Church with faith and hope;  
for a new day has dawned  
and the way to life stands open  
in our Saviour Jesus Christ.  
**Amen**

As our Saviour taught us, so we pray  
**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.**

**Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

### ***The Conclusion***

The Lord bless us, and preserve us from all evil,  
and keep us in eternal life.  
**Amen.**

Let us bless the Lord.  
**Thanks be to God.**

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## **PRAYER DURING THE DAY**

O God, make speed to save us.  
**O Lord make haste to help us.**

My heart tells of your word, 'Seek my face'.  
**Your face, Lord, will I seek.**

We praise you, O God,  
we acclaim you as the Lord;  
all creation worships you,  
the Father everlasting.  
To you all angels, all the powers of heaven,  
the cherubim and seraphim, sing in endless praise:  
Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

***Scripture Reading, Prayer & Silence***

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**You have done great things, O God,  
and holy is your name.**

### ***Prayers***

*Thanksgiving may be made for the day.*

*Intercessions are offered  
Silence may be kept.*

Lighten our darkness,  
Lord, we pray,  
and in your great mercy  
defend us from all perils and dangers of this night,  
for the love of your only Son,  
our Saviour Jesus Christ.  
**Amen.**

As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.**

**The Lord is my light and my salvation;  
the Lord is the strength of my life.**

- from Psalm 27 and John 1

### ***The Magnificat (The Song of Mary)***

**You have done great things, O God,  
and holy is your name.**

1 My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my Saviour; •  
he has looked with favour on his lowly servant.

2 From this day all generations will call me blessed; •  
the Almighty has done great things for me  
and holy is his name.

3 He has mercy on those who fear him, •  
from generation to generation.

4 He has shown strength with his arm •  
and has scattered the proud in their conceit,

5 Casting down the mighty from their thrones •  
and lifting up the lowly.

6 He has filled the hungry with good things •  
and sent the rich away empty.

7 He has come to the aid of his servant Israel, •  
to remember his promise of mercy,

8 The promise made to our ancestors, •  
to Abraham and his children for ever.

- Luke 1.46-55

10.

Christ be with me, Christ within me,  
Christ behind me, Christ before me,  
Christ beside me, Christ to win me,  
Christ to comfort and restore me,  
Christ beneath me, Christ above me,  
Christ in quiet, Christ in danger,  
Christ in hearts of all that love me,  
Christ in mouth of friend and stranger.

### ***The Lord's Prayer***

May God who made both heaven and earth bless us.  
**Amen.**

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## **EVENING PRAYER**

O God, make speed to save us.  
**O Lord, make haste to help us.**

### ***A Song of Worship***

1 Come, bless the Lord, all you servants of the Lord, •  
you that by night stand in the house of the Lord.

2 Lift up your hands towards the sanctuary •  
and bless the Lord.

3 The Lord who made heaven and earth •  
give you blessing out of Zion. - Psalm 134

7

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

That this evening may be holy, good and peaceful,  
let us pray with one heart and mind.

*Silence is kept.*

As our evening prayer rises before you, O God,  
so may your mercy come down upon us  
to cleanse our hearts  
and set us free to sing your praise  
now and for ever.  
**Amen.**

### *Psalm*

*The appointed psalm is said, ending with*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

### *A Song of the Lamb*

**Let us rejoice and exult  
and give glory and homage to our God.**

1        Salvation and glory and power belong to our God, •  
whose judgements are true and just.

2        Praise our God, all you his servants, •  
all who fear him, both small and great.

3        The Lord our God, the Almighty, reigns: •  
let us rejoice and exult and give him the glory.

4        For the marriage of the Lamb has come •  
and his bride has made herself ready.

5        Blessed are those who are invited •  
to the wedding banquet of the Lamb.

- Revelation 19.1b, 2a, 5b, 6b, 7, 9b

**To the One who sits on the throne and to the Lamb •  
be blessing and honour and glory and might,  
for ever and ever. Amen.**

**Let us rejoice and exult  
and give glory and homage to our God.**

### *Scripture Reading*

*One or more readings appointed for the day are read.*

### *Responsory*

The Lord is my light and my salvation;  
the Lord is the strength of my life.  
**The Lord is my light and my salvation;  
the Lord is the strength of my life.**  
The light shines in the darkness  
and the darkness has not overcome it.  
**The Lord is the strength of my life.**

**Glory to the Father, and to the Son  
and to the Holy Spirit.**

9.