

## ECO CHALLENGE WESTCOTT

# 6 WAYS TO TAKE ACTION TO REDUCE CARBON EMISSIONS



Contact your MP about climate change & ask businesses to take action.



Save energy at home and insulate where possible.



Choose a supplier of 100% renewable electricity for your home.



Eat a plant-based diet. Cut down on meat and dairy products.



Walk, cycle and use public transport. Reduce the number of flights you take.



Buy less. Reduce, reuse, recycle.

**DON'T FORGET**

Offset any unavoidable carbon emissions  
[www.climatestewards.org](http://www.climatestewards.org)

Tell family and friends, encouraging them to take action too!

